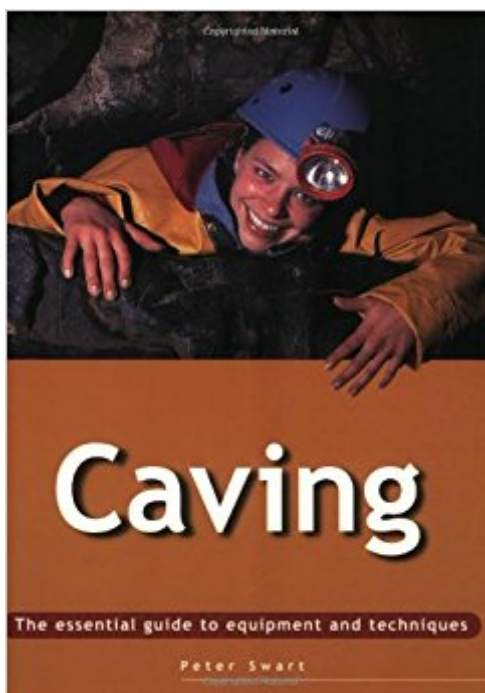


The book was found

Essential Guide: Caving (Essential Guides)



Synopsis

This beginner's guide to speleology emphasizes safety and protection of fragile ecosystems. Learn how to plan a caving trip from start to finish. Instructions show how to maneuver through small areas and vertical caves using ropes and how to rig a pitch for ascending and descending a vertical climb. Knot-tying diagrams aid the first-time spelunker. The book gives background on the two main types of cave passages, vadose and phreatic, and tips on spotting rock formations and cave decorations such as flowstone, stalagmites, helictes, and rimstone pools. Sections on cave surveying and photography describe how more advanced cavers augment their experiences underground. Includes contact information for caving organizations in Australia, South America, Europe, Africa, and the United States.

Book Information

Series: Essential Guides

Paperback: 96 pages

Publisher: Stackpole Books; 1 edition (September 1, 2002)

Language: English

ISBN-10: 0811720527

ISBN-13: 978-0811720526

Product Dimensions: 10.6 x 7.5 x 0.3 inches

Shipping Weight: 14.1 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,080,956 in Books (See Top 100 in Books) #58 in [Books > Sports & Outdoors > Outdoor Recreation > Caving & Spelunking](#) #2983 in [Books > Sports & Outdoors > Hiking & Camping > Instructional](#) #4943 in [Books > Sports & Outdoors > Hiking & Camping > Excursion Guides](#)

Customer Reviews

Peter Swart is an avid caver and member of the South African Speleological Association. He began exploring caves above Kalk Bay, Cape Town, in 1973, and has expanded his caving interests to include surveying, mapping, and conservation. He is a technical computer consultant.

[Download to continue reading...](#)

Alpine Caving Techniques: A Complete Guide to Safe and Efficient Caving Essential Guide: Caving (Essential Guides) Cave Exploring: The Definitive Guide to Caving Technique, Safety, Gear, and

Trip Leadership (Falcon Guides Cave Exploring) Caving Technical Guide Caving Basics: A Comprehensive Guide for Beginning Cavers - 3rd Edition Caving: The Sierra Club Guide to Spelunking Rappelling: Rope Descending And Ascending Skills For Climbing, Caving, Canyoneering, And Rigging (How To Climb Series) Rock Climbing: Mastering Basic Climbing Techniques, Skills & Developing The Climbing Warrior's Mindset (Rock Climbing, Bouldering, Caving, Hiking) On Rope: North American Vertical Rope Techniques for Caving ... Rappellers URBEX: Urban Exploration For Beginners: Discover Abandoned Buildings, Hidden Cities & Access All Areas (Urban Exploration, City Hacking, Caving, Urbex) Opening Goliath: Danger and Discovery in Caving Complete Caving Manual The Art of Caving Of Caves and Caving: A Way and a Life Adventures in Caving: Kentucky and Indiana Vietnam Backpacker Photo Journey #4: Caving Phong Nha American Caves and Caving Adventure of Caving Roads to Adventure 31 Kayaking, Hiking, Biking, Fishing, Skiing, Caving, Surfing, Rock Climbing, Ice Climbing, Rafting, Camping and RVing Stories Caving: Exploring Limestone Caves (Watts Library (Sagebrush))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)